Clinical Practice Frequently Asked Question

Q: How often does the Aldrete scoring need to be done?

A: ASPAN does not state or dictate a specific scoring system. The current *ASPAN 2025-2026 ASPAN Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements* provides a list of different scoring systems. The documentation should reflect whatever the department of anesthesia at their facility outlines. For example, the anesthesia standards at a particular facility may outline the physical attributes of discharge from Phase I while another might say that a specific discharge score must be obtained.